

Holiday and Needed Food Items at the Chittenden Emergency Food Shelf

There is no need to register or call to confirm food deliveries. Food donations can be dropped off Monday – Friday, 9:00am to 4:00pm. The food shelf is located at 228 North Winooski Avenue in Burlington. Please see below for special holiday donation drop-off dates and times.

The food shelf will be open to accept food donations for the **Thanksgiving holiday from 10:00 a.m. to 2:00 p.m. on Saturday, November 15th and Saturday, November 22nd.**

For the **December holidays**, the food self will be open to accept donations on **Saturday, December 13th and Saturday, December 20th from 10:00 a.m. to 2:00 p.m.**

Holiday Food Items	Quantity Needed to Support 1 Family
Frozen turkeys- all sizes	1
Canned vegetables- peas, corn, carrots, green beans, etc.	6
Canned turkey gravy	3
Canned fruit	3
Cranberry sauce	1
Stuffing	1-2 (depending on turkey)
Bagged Potatoes	1- 5lb or 10lb bag
Others/Needed Items	6

Recommended Others/Needed Items

- Cereal (low sugar)
- Tuna
- Soups
- Low sodium soups and vegetables
- Tomato Sauce/Spaghetti Sauce
- Pasta & Rice
- 100% juice, canned concentrate
- Peanut butter
- Canned beans, pork and beans, etc.
- Meals in a can, such as Spaghetti-o's or ravioli
- Baby items: food, formula, and diapers

Items to avoid: sugary snacks, instant desserts, soda, and candy

Food Shelf General Guidelines:

- Make sure to only donate items that you would eat
- Check that items are still within their “use before” date.
- Avoid glass containers, which can break.
- Only unopened items are accepted.

Thank you for supporting the Chittenden Emergency Food Shelf and helping our community!